



Maverick Athletics

PLEASE NOTE ATHLETIC CLEARANCE IS REQUIRED FOR EACH AND EVERY SEASON OF SPORT

GENERAL INFORMATION

Athletic Director: Kari DiGiulio kari.digiulio@sduhsd.net (760) 436-6136 x6007

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Athletics at La Costa Canyon High School provides students with the opportunity to be a part of a team and compete for their school. We provide various levels of sport teams, depending on the particular sport. Student-athletes at LCC are held to a high standard and must meet all eligibility requirements to compete.

SPRING SPORT GENERAL ELIGIBILITY REQUIREMENTS ???

- 1) **2.0 GPA : Initial grade eligibility to be determined Semester grades, released in late January.**
- 2) Continued eligibility during SPRING season will be determined by Quarter Grades (April)
- 3) Online Athletic Clearance submitted (see other side), Sports Physical, Copy of Medical Insurance Card and signed Confirmation Page. The registration for Spring sports is currently open.

DUE date: January 25th - keep in mind that you can turn in your online confirmation page prior to turning in your physical and medical insurance, but submitting them all together is the easiest way to ensure a timely clearance.

Times and dates for Spring try-outs will be posted the week of January 14th on our athletic website.

Fall Sports - Tryout dates listed: Season of Fall (July-Nov)	Winter Sports(Nov-March)	Spring Sports (Feb-May)
Football	Boys Basketball	Baseball / Softball
Girls Volleyball	Girls Basketball	Boys Golf
Boys Water Polo	Boys Soccer	Gymnastics
B/G Cross Country	Girls Soccer	B/G Lacrosse
Girls Field Hockey	Girls Water Polo	B/G Swim and Dive
Girls Golf	Wrestling (Boys and Girls)	Boys Tennis
Girls Tennis		B/G Track and Field
		Boys Volleyball

ONLINE CLEARANCE INFO

If you have already completed the athletic clearance online for a fall or winter sport, you will need to register for the spring sport you anticipate participating in. This is easy. Log on to your account and go to Clearances, under the sport listed, click on the pencil icon to edit and then select the spring sport your child is trying out for. Then [print the confirmation page and return to the Athletic Dept for clearance.](#)

HOW TO COMPLETE ATHLETIC CLEARANCE - Online Athletic Clearance Steps

1. Visit www.AthleticClearance.com
2. Watch quick tutorial video and **Register**. **Parents register with valid parent email username and password. You will be asked to type in a code to verify you are human.**
3. Log in.
4. Select **"New Clearance"** to start the process.
5. Choose the School Year in which the student plans to participate **(2018-2019)**.
Choose the School - **La Costa Canyon High School**.
6. Choose the Sport your student will be trying out for. If your student chooses to do multiple sports, you **MUST** register for each sport your student is trying out for and will need to **PRINT AND SIGN** the required confirmation page for each sport you are registering your student for and it **MUST** be turned in with your packet to the Athletic Office.
7. Complete all required fields. Once you reach the **CONFIRMATION MESSAGE** you have completed the process. Please print the online confirmation page. You must sign it along with your student, as well as a Copy of your most current Medical Insurance Card and a COMPLETED SPORTS PHYSICAL FORM (HEALTH HISTORY AND EXAMINATION PAGE) TO BE CLEARED FOR PARTICIPATION.
8. **PLEASE NOTE:** Your physical is valid for 1 year from the date completed. Only 1 copy of the physical is needed, if your child is participating or trying out for multiple sports throughout the school year.
9. **IF YOUR STUDENT HAS TRANSFERRED FROM ANOTHER SCHOOL**, there is additional paperwork required for clearance. A CIF 510 form will auto generate when registering on the clearance site, and you must obtain an Athletic Director's worksheet in the athletic office.
10. All of this data will be electronically filed with the athletic department for **review**. When the online registration has been completed and the student has submitted the required paperwork, an email notification will be sent indicating that the student has been **cleared for participation** in the tryout process.